



For younger children

In the frame, draw things you like doing with your mother. Use the mailbox to share this with her.

For older children

In the frame, illustrate or describe things you like doing with your mother. You can use the hearts to write some of the qualities that you appreciate about her. Use the mailbox to share this with your mother.

For women

In the frame, illustrate or describe things you like doing with your child. You can use the hearts to write some of the qualities that you appreciate about her or him. Use the mailbox to share this with your child.

For mother and child

In the frame, illustrate or describe things you like doing together. Choose different colored crayons, and use the hearts to write some of the qualities that you appreciate about each other.

